

Red Division

EVENT NEWS
2011



This information is regarding Red Division, Championships and Classics. If you have any questions regarding any of this information, please contact Susan Taylor at (616-2334), or by [email](#).



Let's Show our
Gower Spirit -
**DECORATE YOUR
YARD !**

The coaches and swimmers have been working very hard this season. Decorate your yards to show your Gower Spirit and Support! There will be a contest for the top three most decorated yards this year! The Gower Swim Team Coaches will be the judges. Judging will take place on Thursday, July 7th from 12:00-2:00. Top three winners will be announced at the Awards Banquet, July 19th at Embassy Suites!!!

PLEASE READ CAREFULLY

The week of Red Division is fun and exciting, but can be exhausting. Please have your child stay well hydrated, well nourished and well rested as much as possible. We need to be ready to swim our best !

PLEASE do not let your child come to the pool, EXCEPT for practice or a social.

PLEASE do not allow your child to be out late, not enough rest will affect their swimming

Parents, remind your swimmer NOT to venture into ANY other pool territory!
We need to conduct ourselves like the CHAMPIONS we are!!

Red Division will be held at Sugar Creek

The 10 and unders swim Friday, July 8th at 3:00 pm

The 11 and ups swim Saturday, July 9th at 9:30 am

Please come and support the Gower swimmers both days. We need lots of spirit and support for our swimmers as they try to bring the Metcalf Cup home again this year!!

Keep in mind that this is a very important meet. There will be fairly strict rules that we all need to follow with parking, seating and being on deck. These rules are very necessary for the meet to run smoothly and safely. Please talk with your child about being on his/her best behavior as their actions reflect on the Gower community.



Monday Social

Luau Party!



6:00-9:00 pm at the back pool. Get ready to have the best Red Division Ever!! There will be a DJ and parent/child relays. BBQ plate with all the fixins from Henry's Smokehouse is **\$8.00**. Hot dog plate is **\$4.00**. Best Luau costume wins a prize!!!!

RSVP at the pool, or to [Lindsay Couvillion](#). We have to have a Headcount by Friday, July 1st @ 2pm!

Monday, July 4, 2011

Morning Practice: No morning practice due to the July 4th holiday

Afternoon Practice: 2:00 - 2:45 8 and under
2:45 - 3:30 9-10
3:30 - 4:15 11-12
4:15 - 5:00 13 and up

Activities: No activities today!



Tuesday Social

Pasta Party -10 & unders!



6:00-7:30 pm
First Baptist
C h u r c h
Activity Room.

Cost is \$10.00, which includes Activity Room use rental fee, dinner and a craft. Everyone must pay \$10.00, even if you are not planning to eat. Sign up sheet is at the pool.

Please contact [Carole Ward](#) for questions :)

Tuesday, July 5, 2011

Morning Practice: 9:00 - 10:00 10 and under
10:00 - 11:00 11 and up

Afternoon Practice: 2:00 - 2:45 8 and under
2:45 - 3:30 9-10
3:30 - 4:15 11-12
4:15 - 5:00 13 and up

Activities:
10:00 - 10:30am Shaving cream in Gower Park for the 10 and unders. Bring your own shaving cream (no menthol).
11:00 - 11:30am Shaving cream in Gower park for 11 and ups. Bring your own shaving cream (no menthol).



Wednesday Social

Movie for Everyone!



Cars 2 -
Rated G.
Meet at
Camelot at
11:15 am.

Movie will begin promptly at 11:30am. Cost is \$10.00. Your price includes a movie ticket, popcorn and a drink.

Please bring correct change to the theater so the check in process will move faster! Cash Only will be accepted!!! You may buy other food at concessions after everyone has been served.

1st afternoon practice group be ready to go back to the pool after the movie!

Wednesday, July 6, 2011

Morning Practice: 9:00-10:00 10 and under
10:00-11:00 11 and up

Afternoon Practice: 2:00 - 2:45 8 and under
2:45 - 3:30 9-10
3:30 - 4:15 11-12
4:15 - 5:00 13 and up

Activities: No activities today



Thursday Social

Dinner for 11 and ups



6 pm - 8 pm
Right after
the pep
Rally.

Time for the 11 and ups to enjoy a fun pasta dinner and billiards at The Corner Pocket, 21 Coffee Street, downtown. \$14 per person, which includes dinner and billiards. Please be sure to have your swimmer picked up promptly at 8pm.

Contact Tyree Byrd with any questions, at 270-9507, or by [email](#)

Thursday, July 7, 2011

Morning Practice: 9:00-9:45 8 and under
9:45-10:30 9-10
10:30-11:15 11-12
11:15-12:00 13 and up

Afternoon Practice: **Red Division Mock Meet for 10 and unders at practice today!**

2:00 - 3:30 8 and under Mock Meet

3:30 - 4:30 9-10 Mock Meet

no afternoon practice for 11 and up!

Activities:

10 and unders - paint up at Gower Park after your mock meet, for the pep rally.

5:15 pm PEP RALLY AT THE POOL, FOR EVERYONE!! GO GOWER!!

Friday Social



Friday, July 8, 2011

Morning Practice: 9:00-10:00 11-12
10:00-11:00 13 and up
no practice for 10 and unders!!

10 and unders meet at Gower at 1:15 pm to ride the bus to Sugar Creek.

Bus will leave from Gower promptly at 1:20 pm. You must have **\$5.00** and signed permission slip to ride the bus. This permission slip is located [here](#), and on gowerpool.com under Red Division link.

Warm-ups begin at Sugar Creek at 2:10. The meet starts at 3:00 pm.

**Red Division Day for 10 and unders!!
Please remember, "painting up" for the actual Red
Division meet is NOT allowed.**

Saturday Social

Red Division Picnic



All swimmers, family and friends please come to show these senior swimmers how much we appreciate them swimming for Gower! 6:00 pm unless weather delays the meet.

Location and food details TBA.

Saturday, July 9, 2011

Activities: 7:00 Red Division breakfast for 11 and ups at Gower.

Bus will leave from Gower no later than 7:20 am. You must have **\$5.00** and signed permission slip to ride the bus. This permission slip is located [here](#), and on gowerpool.com under the Red Division link.

Warm-ups begin at Sugar Creek at 8:00 am. The meet starts at 9:30 am.

**Red Division Day for 11 and ups!!
Please remember, "painting up" for the actual Red
Division meet is NOT allowed.**

Sunday

Championships and Classics
eligibility

Sunday, July 10, 2011

Sail results for Championships and Classics are posted at Gower, hopefully by 5:00 pm. Come to the pool to check results and order a T-shirt, if desired. T-shirt orders are due by 10:00 am on Monday, July 11th. Forms available at the pool. Questions? Call Kim Geddie 270-9555 or [email](#).

Practice for swimmers who qualified for Championships and/or Classics:

9:00-10:00am 10 and under, at Gower. Check the board for our
4:00-5:00pm practice time at Westside.

10:00-11:00am 11 and up, at Gower. Check the Board for our
5:00-6:00pm practice time at Westside.

